



THE MANY ACCOMPLISHMENTS OF DAVID SAKAUYE

In each issue of the Koyasan Temple Newsletter, we recognize the merits of one of our members. This month we are pleased to acknowledge the multi-talented David Sakauye.



If you have ever visited a Karate class, Taiko class or one of the many Koyasan Temple's fundraisers, you have probably seen David Sakauye. David was born and raised in Sacramento and attended Kennedy High School where he was a proud member of the marching band and represented California in the Bicentennial parades in Washington D.C. and Philadelphia. After high school, he attended Sacramento City College and subsequently transferred to U.C. Berkeley where he earned a bachelor's degree in physics. After college, and with the help of his family, he was able to open a video store in South Sacramento that specialized in Japanese movies and TV shows. This was before the Block Busters and other chain rental companies. The store was opened for five years.

In 1986, David started his 35-year State service career working at the Department of Corrections for 10 years, then to the Office of Systems Integration directing two statewide Information Technology (IT) projects for the Department of Social Services. One of those projects, the Statewide Fingerprint Imaging System, was considered by the State's legislative staffer as its most controversial project. The project was on the chopping block almost every year for the first ten years of the nineteen-year project. Other jobs held by David include two years at the A&W on Freeport Blvd and a summer as a seasonal firefighter with the Department of Forestry.

David's connection to the Koyasan Temple began in 1974 when he started Karate lessons under Sensei's Gary and Calvin Matsumoto. He earned his Black Belt (*Shodan*) in 2006 and eventually became an assistant Sensei.

In 1995, he started Taiko drumming lessons at the Buddhist Church of Florin and in 2001 joined the Koyasan Spirit of Children Taiko Group. One year later, Reverend Asahi performed the marriage ceremony for David and his bride, Taiko Sensei Kaori, at the Temple. David and Kaori's son, David Jr., was born in 2003 and will be graduating from Sacramento State University this Spring.

David's Taiko duties include assisting with classes and as an equipment manager, building, repairing and maintaining the drums and other equipment. He also assists Kaori in her other classes at the Asian Community Center, Hart Senior Center and Mercy Memory Care. He is also on the Board of the Sacramento Youth Band where David Jr. has been a member since elementary school.

We applaud David for his continued commitment, dedication, and support to the Koyasan Temple and Taiko Group.



SPOTLIGHTING TAIKO PERFORMANCES

Photo and article by Janene DeIMundo

Taiko held its first monthly *Kodomo* taiko class on Sunday, February 8th. They had 5 students ages 3-5 who joined the group and played taiko for the first time! The next class will be held on Sunday, March 8th, from 1:00-2:00 pm. (\$15/session and free for Koyasan Temple members) Come join the Taiko Group if you would like your little ones to experience taiko!



WORDS OF THE BUDDHA

The Four Noble Truths and the Eightfold Path

The Four Noble Truths and Noble Eightfold Path are the foundation of the Buddha's teachings.

The Four Noble Truths

These truths define the nature of suffering and the possibility of its ending:

Truth of Suffering (*Dukkha*): Dissatisfaction, anxiety, and pain are an inherent part of human life. This includes physical pain as well as the subtle uneasiness that life is impermanent.

Truth of the Cause of Suffering (*Samudaya*): Suffering arises from craving (*tanha*), attachment, and our ignorance about the true nature of reality.

Truth of the End of Suffering (*Nirodha*): It is possible to reach a state where suffering ceases by letting go of craving and attachment culminating in a state of peace known as Nirvana.

Truth of the Path (*Magga*): The path to the end of suffering can be found in **The Noble Eightfold Path**. This path known also as the "Middle Way," avoids the extremes of self-indulgence and self-denial and provides a balanced approach to living one's life. The Noble Eightfold Path is divided into three categories of "trainings," Wisdom, Ethics, and Meditation.

The Noble Eightfold Path



Category	Path	Description
Wisdom (<i>Pañña</i>)	Right View	Understanding the Four Noble Truths and the nature of reality.
	Right Intention	Commitment to ethical and mental self-
Ethics (<i>Sila</i>)	Right Speech	Abstaining from lying, gossip, and harsh words.
	Right Action	Behaving in ways that do not harm others (no killing, stealing, or sexual misconduct).
	Right Livelihood	Earning a living in a way that does not harm other sentient beings.
Meditation (<i>Samādhi</i>)	Right Effort	Cultivating positive states of mind and preventing negative ones.
	Right Mindfulness	Maintaining a clear awareness of the body, feelings, and mind.
	Right Concentration	Developing mental focus and stillness through meditation.

AJI CORNER

Contributed by Margie Sunahara

When lemons ripen during the winter, this is my favorite recipe to make. These lemon bars are tangy and sweet with the right amount of crunch. It's easy to make, and you may have seen them at the Koyasan bake sale.

LEMON BARS

Crust:

2 cups flour
 1/2 cup powdered sugar
 1 cup butter

Mix until crumbly. Line 9x13 pan with foil sprayed with PAM. Pat crust mixture into pan. Bake at 350 for 20 minutes. Make topping as crust is baking.

Topping:

4 eggs, beaten
 2 cups sugar
 4 Tbsp flour
 1/4 tsp salt
 1 tsp baking powder
 6 Tbsp lemon juice
 1 Tbsp lemon rind

Beat together and pour over hot crust. Bake for 25 minutes. Cool completely. Lift foil from pan. Cut into squares and sprinkle with powdered sugar.





KOYASAN “WISH” LIST

The Temple is in need of various items. We would appreciate your help in obtaining these items by donating the item or a monetary donation towards the purchase of them. Monetary donations can be made by check or through the website donation page with the notation “Wish List.”

Item	Quantity	Estimated price range(s)
Microwave Oven	To be donated by Koyasan Karate Group	
Small Sofa or Sofa Bed for Minister’s Office	1	
8’ Commercial Folding Tables	15	\$120 each
Ergonomic Office Chairs	2	\$150 each
40 oz. Stainless Steel Bowls	6	\$ 7 each
18” Bamboo Cutting Boards	15	\$25 each

Upcoming Services (In-house & Zoom at 1:30 pm unless posted otherwise)

March 15 – Spring Higan Service

March 22 – ~~Special Blessing Service “Kannon Bosatsu”~~ **Cancelled**

April 19 – *Shomieku* Commemoration Service

May 17– Monthly Daishiku Service

May 24 – ~~Special Car Blessing Service (Shusho-e Service w/Goma Ritual)~~ **Cancelled**

May 25 – Memorial Day Service at the Buddhist Church of Sacramento (9:00 a.m.)

June 14 – *Aoba Matsuri* Service (cake served)

For more information about the Northern California Koyasan Temple, please visit our website at www.nckoyasan.org



Mark Your Calendars!



- March 21** - Meditation Class (1:30 p.m.)
- April 25** - Meditation Class (1:30 p.m.)
- April 19** - Decorating the *Hanamido* (9:00 am) – We welcome flower donations to decorate the Buddha's little temple used during the *Shomioku* Commemoration Service. Please deliver your flower donations on Saturday, April 18th.
- April 26** - Apple Pie Fundraiser (pickup 10:30a – 1p)
- May 23** - Meditation Class (1:30 p.m.)
- June 7** - Pancake Breakfast & Bake Sale (7:30-10:30 am)
- June 27** - Meditation Class (1:30 pm)
- June 28** - Family Picnic Day (Ann Rudin Peace Pond in William Land Park) (11:00 a.m.)

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